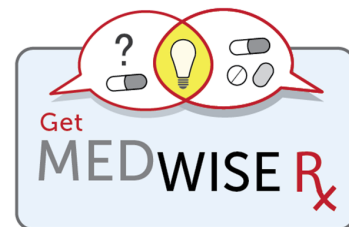


## “Talking to Your Pharmacist” Journal



Please reflect on either a recent visit to the pharmacy or communication with a pharmacist that was memorable. You can also write about an upcoming pharmacy visit or call and a question or concern you have for your pharmacist. You do not need to physically visit a pharmacy between sessions 1 and 2 to complete this journal as part of your home practice. (Some participants complete this journal based on a doctor visit.)

1. What questions did you/do you have for your pharmacist?
  
  
  
  
  
  
  
  
  
  
2. How will/did you try to get the pharmacist's attention and the answer to your concern?
  
  
  
  
  
  
  
  
  
  
3. If you visited the pharmacy, how well did it work? What approaches would you like to try next time?
  
  
  
  
  
  
  
  
  
  
4. Please write down any additional thoughts you can share with the group during Session 2.